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LOCAL
DESIGNER
AT LONDON
FASHION
WEEKEND

GO SEVENTIES
WITH STATEMENT
JEWELLERY

YASMIN
SEWELL

The Bayswater retail market
at Miller's Academy

the
fashion
issue

Mondays

Ever thought of taking an evening class but found it too much of a commitment? Well now you can dip in and out, trying anything from swing dancing to flower arranging, with The Paradise Guide to Better Yourself.

Each Monday evening from 7.30pm, different classes are on offer at Paradise by way of Kensal Green, with a discount for those who book dinner afterwards. Full details are on the Paradise website, but highlights include a burlesque master class with Rosy Velvet (pictured) on September 1, with tango lessons on September 29.

From £6 per session.

Paradise by way of Kensal Green,
19 Kilburn Lane, W10 4AE

020 8969 0098; www.theparadise.co.uk



Diary

◀ 21 September

The 41st Horseman's Sunday is celebrated today at St John's in Hyde Park Church. Begun 40 years ago to highlight the need to maintain stables along the north of Hyde Park, Horseman's Sunday began as a public and political action, but has now become a local institution. Up to 100 horses and carriages are set to take part, the blessing following the main Sunday service at 10am. As Reverend Mason says, "This occasion is one of the most colourful events in the Hyde Park calendar. How often do you get to see a cloaked member of the clergy on horseback these days?" Indeed.

St John's Hyde Park, Hyde Park Crescent, W2 2QD
020 7262 1732; www.stjohns-hydepark.com



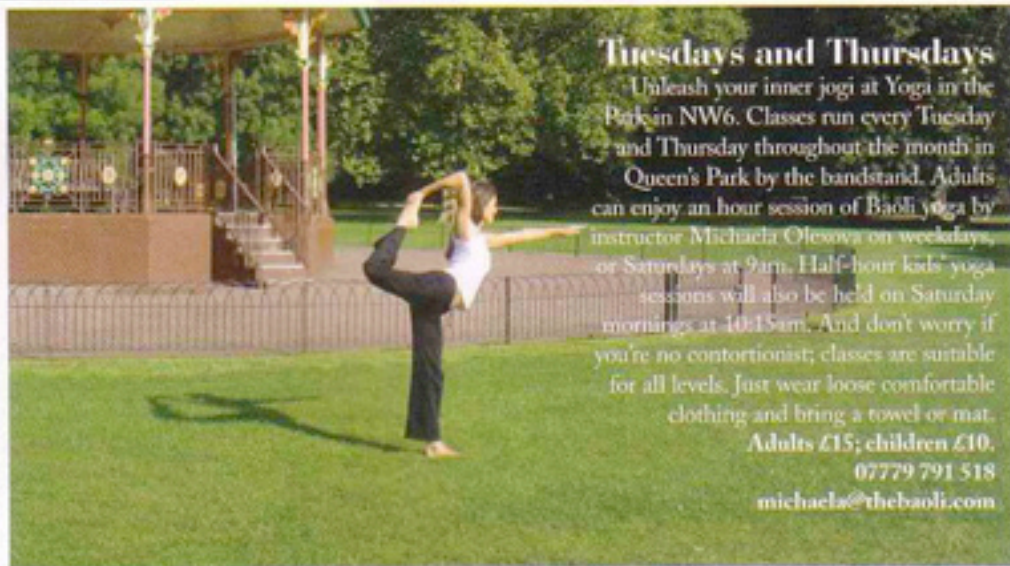
Tuesdays and Thursdays

Unleash your inner yogi at Yoga in the Parks in NW6. Classes run every Tuesday and Thursday throughout the month in Queen's Park by the bandstand. Adults can enjoy an hour session of Baoli yoga by instructor Michaela Olesova on weekdays, or Saturdays at 9am. Half-hour kids' yoga sessions will also be held on Saturday mornings at 10.15am. And don't worry if you're no contortionist; classes are suitable for all levels. Just wear loose comfortable clothing and bring a towel or mat.

Adults £15; children £10.

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THESE THREE HOT EXHIBIT

5 September

Allsopp Contemporary's forthcoming exhibition *Constructs for Illumination*, curated by Bro McGowan, brings together three artists with illumination (both physically and conceptually) as a primary tool to enhance, expose or explain meaning from their respective "constructs": physical and social, as in Claire Fontaine's *Counter Poison* where she documents a de-Glaswegian theatre (pictured).

Opening Monday to Friday 10am to 6pm and Saturday, 12noon to 6pm. 8 Conlan W10 5AR; 020 8960 5355

www.allsoppcontemporary.com

22 September

Gallery 5 is staging *Five at 5*, a spectacular exhibition of the work of five emerging artists. Celebrity psychic Sophy Smith, poet Ogundero, David Cottingham, Suzanne Andrzej Roszczak bare an array of vibrant and figurative and conceptual works.

Open daily from 11am to 10pm.

5 Blenheim Crescent; W11 2EE

020 8998 7923; www.west-eleven.com

8 September

Remember Marathons, Five Boys and Aztec your nostalgic sweet tooth at The Museum of Brands, Packaging and Advertising's new *Sweet Sixties*. The museum displays historical Opie's amazing collection of 100 years of 1960s consumer society and numbers over 500,000 covering toys, comics, magazines, newspaper technology, travel, royal souvenirs, fashion.

From £3.50; open Tuesday to Saturday to 6pm; Sunday 11am to 5pm.

2 Colville Mews, W11 2AR; 020 7908 0

www.museumofbrands.com



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